

ZIO Event Card Start Guide

Register Patient

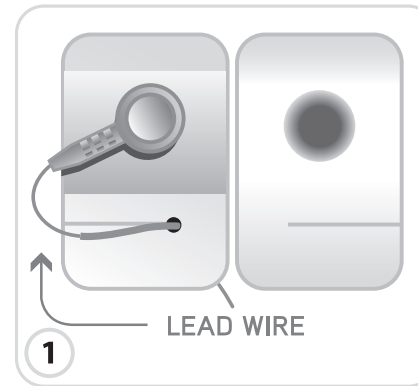
Fax: 1-888-693-2402
Phone: 1-888-693-2401
Online: www.zioreports.com

1) Connect & Turn on the Zio™ Event Card

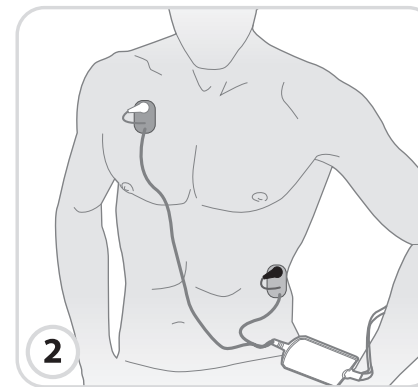
- Wipe electrode area on your skin with alcohol; shave area if hair is present.
- Snap wires of Zio™ Event Card to electrodes (**Fig. 1**).
- Position electrodes on chest (**Fig. 2**)
(white on right **(R)** side of chest; black on left **(L)**).
- Press 'RECORD' button to turn on device.
- Wait 1 minute before going to Step 2...

2) Record an Event

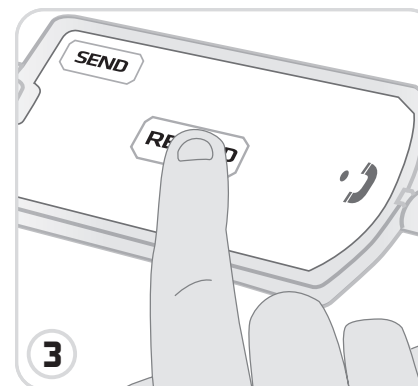
- Press 'RECORD' button (**Fig. 3**).
The device will beep 3 times. If orange light flashes, check connections, re-prep skin, and replace electrodes as necessary.
- Wait 20 seconds while green light flashes.
The patient should remain quiet and still. Leave device undisturbed.
- When the recording is complete the device will beep and green light will stop flashing.
When you press the button, the device stores the previous 45 seconds of ECG in memory plus the first 15 seconds after the button is pressed.



Electrode



Electrode Placement



Record an Event

For support, contact the
iRhythm National Clinical Center:
1-888-693-2401

For more device info, visit
www.zioreports.com

REMINDERS

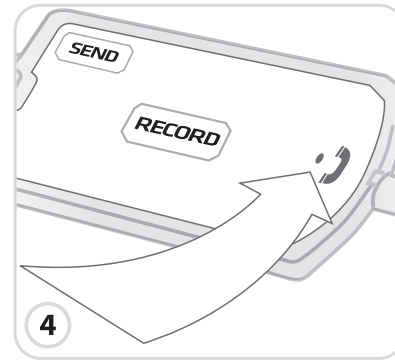
- Wear the Zio™ Event Card at all times
- Remove Zio™ Event Card before bathing or showering** (you may leave on the electrodes)
- Change electrodes every 2 to 3 days or when they start to peel away
- Do not use lotion or moisturizer; Lotions prevent electrode contact
- To avoid skin irritation, when changing electrodes move them slightly from previous position
- Remain still and refrain from talking during recording and transmission**

3) Transmit

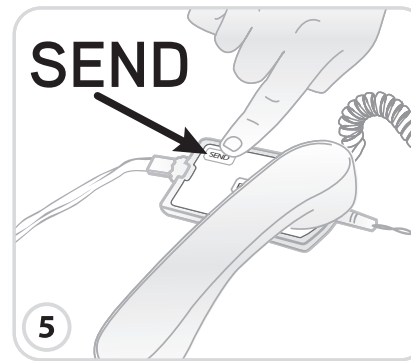
- A. Call **1-888-693-2401** and **press "1"** to speak with a technician.

Use a landline or portable phone. Cell phones will not transmit data properly.

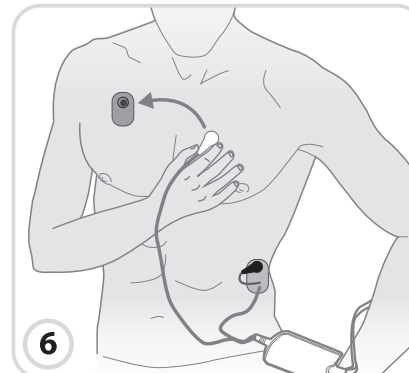
- B. Unsnap wire(s) from electrodes.
C. Place Zio™ Event Card face up on a flat stable surface.
D. Place phone mouthpiece directly over the phone symbol (**Fig. 4**).
E. Press and hold 'SEND' button for a few seconds until device beeps and flashes green (**Fig. 5**).
F. When tone ends, pick up phone and speak with technician.



Zio™ Event Card Sound Port
(Phone Symbol)



Press 'SEND' Button



Reconnect Zio™ Event Card

4) Reconnecting Device After a Successful Transmission

- A. Snap wires back onto electrodes (**Fig. 6**).
If device had 2 recordings stored, it will flash orange until reconnected.
B. When device is reattached, it is ready to record again.
The memory will be cleared.

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IMPORTANT INFORMATION

- If at any time your symptom is severe or you feel the need for immediate care, call 911. The Zio™ Event Card will not provide any medical assistance and cannot contact medical personnel for you
- The device can store up to 2 recordings. If the memory is full, an orange light will flash and you cannot record more events until you have transmitted the data
- When you press the button, the device stores the previous 45 seconds of ECG in memory plus the first 15 seconds after the button is pressed
- Return the Zio™ Event Card for recycling in the enclosed postage-paid envelope, which can be placed in any US mailbox